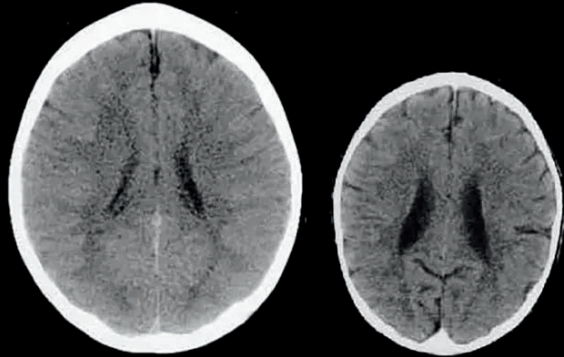


Eretesepo lyo unkore nepiro lyo sinka ke kuro lyo nondunge domunona

Vanona wono vhura ntatu



Muwolika

Kwamu sigilira unene

EHANO LYO UNTU: SURE AZI GAVA ERONGO KUHAMENA MAGAZARO MO VANONA

Mafano nagenye kwakulikida omo vatarura uruvi wovanano wono mvhura ntatu (3), nye munona go korumoho kuna kulikida ukanguki ne tekuro lye wa, ano munona go korulyo kwa musigilira. **Nyana nesigiliro kuresa po ezonaguro lyo po siruho sosire po nondunge do mununo nekuliko lyendi.**

41%

Vadikantu wo mvhura 18-24 moNamibia kwagwanekera nonyanya mounona.

2019 VACS YITUDWAMO

MBONGARERO ZETU

DW DEVELOPMENT WORKSHOP

PLAY FOR ALL

VA KWAFI VETU NOVA
PATAKANI VETU



Capricorn Group

unicef
for every child

INTER TEAM



TWIN HILLS
TRUST | NAMIBIA



Development Workshop Namibia

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Windhoek, PO Box 40723 Ausspanplatz
061 240 140
www.dw-namibia.org
info@dw-namibia.org

Member of

NICE
Namibian Chamber of Environment

Unankore ko vanona



Yitumbwidiso yo pountu,
emlizuvho ntani unkore wopo
pa nyama mo ntameko go
malitjindjo go
munona.

DW DEVELOPMENT
WORKSHOP
CHILDREN

PLAY
FOR ALL

Ewutingo lyonynya kowanona

Etekuro kowanona momudona

Eruguruko lyononkedi donyanya mouzini wokomeho

Uhaku wukudira kusikiliramo, Udivi wo monkarapamwe, marondoro wo pomalizuwo, Efano lya nyawumoge.

Etekuro lyo kudira kusikiliramo ko vanona

Nonzira do kulisiga-siga do nyanya ko wanona:

Esigiliro: Kusigilira munona gelike ndi pevango lyokudira ukungi, kwato kukara nosinka no kupa munona yikulya, mudwaro, etekuro lyo sipangero ndi ediro ukungi.

Etekuro lye dona pountu: Kutoona, kuvhika, kusanga, kuderu no huki, kuzaga, kuncwanta, kusepura ndi kuhuma.

Etekuro lye dona panyama: Ekwatero kononkondo, ekwatero kononkondo ko vanona wovamati, elisigiliro lyo kutarera vantu vakukara po nyama, kulikinda muhere-here pombunga, kuncumita ndi kulikwata mwapeke po mbunga.

Etekuro lye dona momalizuwo: Kusilika eharo, kugava matjiliso, kutuka, kusawura ndi kupatanesa moudona.



Vanona vapaukira etengeko lyo pauntu kuvhura sili unene va

Kutombora udonu momalirongo

Malirango mekuliko lyendi

Kunyanda moma gazaro geguwo

Ukaro wonyanya

Kuruganesa yikorwesa nomarovhu moudona

Kulihamesa moyirugana yowukorokotji

Ngapi novura kukandanesapo nyanya ko vanona:

Liporako ko munona nsene kwakulizuvha ehandu ndi nyengo, litura komeho

olimbure. Wahamutengeka nsene ono handuka.

Gava evango lyeharo no mpora pembo nokosure

Lironga kudimbura ntani kutaanta esinganyeko lyonynya komunona, esigiliro neruganeso lyedona.



Nomora zokuvhura kugwana mbatero pausimbu



MBATERO PAUSIMBU

Wayi diva asi vaNamibia navenye kwatumbukira kuturamo erapoto kuhamena nyanya ko munona?

Child HelpLine 116 or 106

Kovanona va kukwanekera komaudigu nomalizwo gomagazaro gomanzi, eruganeso moudona, maudigu kuhamena yosure, maudigu gonkareso.

NamPolice 10111

Gender Based Violence Unit.....106

Ambulance 10177

Legal Assistance . . 61223356

Waha tarerera si nye ruganako ruharoge moku kunga vanona navenye womo Namibia!